

DEVELOPMENTAL MILESTONES

Although each child develops at his/her own individual pace, there is a certain sequence that typical development follows. The following guidelines describe what you can expect from your preschool child. Please keep in mind that no child develops strictly along these developmental paths.

3-4 Year Olds

Social/Emotional

Plays with toys appropriately. Follows rules for simple board games.

Cognitive

Follows simple directions involving prepositions: under, over, next to, up, and down.

Uses numbers 1-3 functionally. ("Give your brother 2 spoons.")

Speech/Language

Responds appropriately to what/where questions. Uses 3-4 word sentences.

Produces earlier developing sounds correctly (m,p,h,n,d,w,b).

Gross Motor

Runs and gallops in different directions without falling.

Jumps over an object with both feet together.

Climbs up and down playground equipment.

Fine Motor

Strings various sized beads.

Stacks up to 10 small blocks. Copies lines, circles, and crosses.

Self Help

Eats with a fork and spoon.

Puts jacket on and off.

Is completely toilet trained.

4-5 Year Olds

Social/Emotional

Plays cooperatively with peers. Identifies own feelings.

Cognitive

Completes simple opposite analogies.

Sorts a group of objects or pictures by category (foods, animals, clothes).

Counts 10 objects in a row.

Speech/Language

Follows a series of 2-3 directions. Talks about recent events and experiences. Uses 6-8 word sentences.

Uses speech that is 80-100% intelligible.

Gross Motor

Climbs up and down stairs without support.

Hops on one foot.

Pedals a tricycle.

Fine Motor

Draws a simple picture of a person. Cuts along a straight line.

Screws and unscrews a lid.

Self Help

Completes most fastenings on clothing.

Spreads with a knife.