

## DEVELOPMENTAL MILESTONES

Although each child develops at his/her own individual pace, there is a certain sequence that typical development follows. The following guidelines describe what you can expect from your preschool child. Please keep in mind that no child develops strictly along these developmental paths.

### 3-4 Year Olds

#### **Social/Emotional**

Plays with toys appropriately. Follows rules for simple board games.

#### **Cognitive**

Follows simple directions involving prepositions: under, over, next to, up, and down.

Uses numbers 1-3 functionally. ("Give your brother 2 spoons.")

#### **Speech/Language**

Responds appropriately to what/where questions. Uses 3-4 word sentences.

Produces earlier developing sounds correctly (m,p,h,n,d,w,b).

#### **Gross Motor**

Runs and gallops in different directions without falling.

Jumps over an object with both feet together.

Climbs up and down playground equipment.

#### **Fine Motor**

Strings various sized beads.

Stacks up to 10 small blocks. Copies lines, circles, and crosses.

#### **Self Help**

Eats with a fork and spoon.

Puts jacket on and off.

**Is completely toilet trained.**

### 4-5 Year Olds

#### **Social/Emotional**

Plays cooperatively with peers. Identifies own feelings.

#### **Cognitive**

Completes simple opposite analogies.

Sorts a group of objects or pictures by category (foods, animals, clothes).

Counts 10 objects in a row.

#### **Speech/Language**

Follows a series of 2-3 directions. Talks about recent events and experiences. Uses 6-8 word sentences.

Uses speech that is 80-100% intelligible.

#### **Gross Motor**

Climbs up and down stairs without support.

Hops on one foot.

Pedals a tricycle.

#### **Fine Motor**

Draws a simple picture of a person. Cuts along a straight line.

Screws and unscrews a lid.

#### **Self Help**

Completes most fastenings on clothing.

Spreads with a knife.